



**California Hospice & Palliative  
Care Association**

3841 N. Freeway Blvd., Ste. 225  
Sacramento, CA 95834  
Ph. 916-925-3770  
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<http://calhospice.org>



# Grief, Demoralization, and Depression in Hospice Patients: Diagnostic Challenges and Treatment Modalities

Wednesday, February 22, 2012

Noon - 1:00 PM PST

Webinar

**H**ow can you recognize whether your patient is grieving, is depressed, or is demoralized? Grief, demoralization, and depression are often experienced by patients and have the potential to create a great deal of suffering, unless they are correctly recognized and treated. However, these three syndromes have overlapping symptoms, therefore making the correct diagnosis often challenging.

This 60 minute webinar presented by a clinical and medical palliative care psychologist will teach practical approaches to identify the source of emotional distress in patients, recognizing the difference between depression, demoralization, and grief. The webinar will also teach practical and evidence-based strategies to improve patients' symptoms and relieve suffering, allowing patients to maintain the best quality of emotional life possible.

## Presenter

E. Alessandra Strada, PhD

Assistant Professor of Neurology, Albert Einstein College of Medicine, New York City

Adjunct professor of East-West Psychology, California Institute of Integral Studies, San Francisco

Adjunct Faculty, Post-Doctoral Psychopharmacology Program, Alliant University, San Francisco

## Learning Objectives

At the end of the session participants will be able to:

1. Describe the core features of demoralization, depression and grief reactions in hospice patients and their caregivers;
2. Recognize each of the disorders even in the event of overlapping symptoms;
3. Discuss evidence-based treatment approaches.

## Targeted audience

Hospice physicians, nurses, social workers, chaplains, therapists, nurse managers

## Fees

CHAPCA member: \$95

Non-CHAPCA member: \$190

## CEU's

One (1) hour of continuing education credit is available for Physicians, Nurses and Social Workers.

## More Information

Barbara Souza at (916) 925-3770

[bsouza@calhospice.org](mailto:bsouza@calhospice.org)

<http://calhospice.org>

# Registration

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**February 22, 2012**  
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### Agency Information

Contact:		
Agency:		
Address:		
City:		
ST:	Zip:	
Email:		
Phone:		

### Billing Contact (if different from the agency)

Contact:		
Agency:		
Address:		
City:		
ST:	Zip:	
Email:		
Phone:		

### Registration Fees

	Rate	QTY	Total
Member	\$95.00	<input type="text"/>	<input type="text"/>
Non-Member	\$190.00	<input type="text"/>	<input type="text"/>
CEU Certificates*	\$15.00	<input type="text"/>	<input type="text"/>
<b>TOTAL ENCLOSED</b>			<input type="text"/>

The registration rate is for a single computer per location. Login instructions and materials will be e-mailed to the above contact 24 hours prior to the webinar.

\*May be paid for following the webinar with submission of evaluation form(s).

### Payment

- Check payable to: CHAPCA
- Credit Card
- American Express
  - Mastercard
  - Visa

Card Number:		
Security Code:	Exp. Date:	
Cardholder Name:		
Signature:		

Data is not secure. Do not email.

**To receive the member discount, your location must have a current membership with CHAPCA.**  
**If you are unsure of your membership status, please contact the CHAPCA office at 916-925-3770 or [info@calhospice.org](mailto:info@calhospice.org).**  
**To join, please visit the CHAPCA website at <http://calhospice.org/membership/>.**

**Send Completed Form with Payment To:**  
**CHAPCA, 3841 North Freeway Blvd., Ste. 225, Sacramento, CA 95834; FAX 916-925-3780**

**Registration with payment must be received by February 15, 2012.** Confirmation will be sent upon receipt of registration form and fee. Refunds, less \$25 administrative fee, will be made upon written notice of cancellation requests received no later than February 15, 2012. No refunds will be given for requests received after February 15, 2012. Substitutions are welcome. If you have questions, please contact Barbara Souza at the CHAPCA office at 916-925-3770 or [bsouza@calhospice.org](mailto:bsouza@calhospice.org).