CHAPCA Pre-conference Workshop Descriptions

Wednesday, October 5, 2011
9:00 am – 12:00 pm

CHAPCA 1 – When Your Patient is a Substance Abuser
Jay Westbrook, MS, RN, CHPN, Compassionate Journey, Lake Balboa, CA

This seminar will provide an empowering exploration of substance abuse and the distinct problems associated with current and historical substance abuse in hospice and palliative care patients, including Veteran and incarcerated patients. Meaningful “take home and use today” interventions for these problems will be provided. You’ll learn how to use specific, multi-disciplinary tools, communication techniques and approaches to empower substance abusing patients and to find joy in working with this population.

- Discuss the prevalence and complications arising from substance abuse in hospice and palliative care patients
- Describe effective approaches for professionals working with substance abusing patients
- Practice specific interventions designed to alleviate common challenges arising in providing care for these patients

CHAPCA 2 – Practical and Ethical Issues in Pediatric Palliative Care
Glen Komatsu, MD, Providence TrinityCare Hospice, Torrance, CA

Caring for children with complex medical conditions can be extremely difficult for hospice professionals. This seminar will address the myths that surround the dying child, will describe “family” in relation to children experiencing illness and will empower caregivers to advocate for the needs of the sick child and family. We’ll look at ways to strengthen and support the relationship between family members, identify and discuss the unique needs of siblings and explore the physical and emotional toll experienced by those caring for children with life-threatening illnesses.

- Describe the myths that surround dying children and families
- Develop successful strategies to advocate for the needs of dying children and families
- Describe strategies to strengthen and support family relationships and care for siblings’ needs
CHAPCA Pre-conference Workshop Descriptions

Wednesday, October 5, 2011
1:30 pm – 4:30 pm

CHAPCA 3 – Providing Hospice Services in Long Term Care Settings
Holly Swiger, PhD, MPH, RN, VITAS Innovative Hospice Care, Murrieta, CA
Nancy Beecham, RN-BC, BS, FACDONA/LTC, Edgemoor Geriatric Hospital, San Diego, CA
Patricia Shader, RN, BSN,CHPCA, Director of Clinical Operations, The Elizabeth Hospice, Escondido, CA

Providing hospice care in institutional settings is fraught with challenges, including communication, case coordination, documentation and increased scrutiny by different regulatory agencies. Hospice, skilled nursing home and assisted living providers will provide tools, strategies and tricks to make delivering quality service to your patients in long-term care settings smoother for you and better for your patient.

- Discuss the challenges of providing quality hospice care in institutional settings
- Describe specific tools, strategies and tricks designed to improve the quality of care provided in long-term care settings
- Identify quality outcomes for the successful provision of hospice care in long-term care settings

CHAPCA 4--Debating Ethical Issues in 21st Century Hospice Care
Michael Nisco, MD, MBA, Director, UCSF Hospice & Palliative Medicine Fellowship, Medical Director, Saint Agnes Hospice & Palliative Care Services, Fresno, CA

Providing care for patients who lack capacity for decision making, using or not using artificial hydration and nutrition, concern on when to withdraw treatment for a patient, can keep us awake at night. This session will allow you to explore the ethical implications of decisions we face daily in hospice. While there are few "right" answers, you will learn an approach to these challenging situations that will help clarify the ethical issues, then you will be challenged to think hard and dig deep into yourself on the quandaries posed by providing hospice care with 21st century medicine. After learning an ethical decision making framework, you will be involved in small group discussion of real world cases. You’ll leave the session with a clearer understanding of yourself and with the tools to help you think through ethical decisions on the job.

- Appreciate the importance of managing ethical distress in caregivers
- Understand how to better facilitate the process for making difficult health care decisions
- Learn about the major ethical models, and the role of the 4 principles commonly used for ethical decision making in medical care.
- Be able to apply these principles to decisions around patient care.

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3841 North Freeway Boulevard, Suite 225 • Sacramento, CA 95834
(916) 925-3770 or (888) 252-1010 toll free • (916) 925-3780 fax • info@calhospice.org • www.calhospice.org
2011 CHAPCA Awards Reception

October 5, 2011
5:30 PM-7:00 PM
San Diego Hospice and the Institute for Palliative Medicine, 4311 Third Avenue, San Diego, CA 92103

Come celebrate the winners of CHAPCA’s annual awards at a reception hosted by the world-renowned San Diego Hospice and Institute for Palliative Medicine. You’ll have an opportunity to tour this beautiful facility, meet some of the staff, network with peers and enjoy wine and hors d’oeuvres. Martin McDonough of Outcome Resources will again be pouring his personal favorites from his extensive wine collection. **Because of space limitations, this reception is for California and Nevada hospice and palliative care staff only.** Transportation from Town and Country Resort and Convention Center to San Diego Hospice is included in the reception fee.

**Cost:** $25 for CHAPCA members; $40 for non-members from California and Nevada.

Awards Nominations Are Now Being Accepted

Each year CHAPCA recognizes two outstanding individuals and one program for their contributions to hospice. **We need your help to identify potential recipients of these very prestigious awards:** the Pierre Salmon, the Gift of Heart and the Outstanding Program Achievement.

CHAPCA invites you to nominate an individual, agency or program. Please take a moment to read more about these awards and to cast your vote by completing and submitting the [nomination form](#). **The deadline for submissions is August 15, 2011.**